

Why compost with worms?

Composting with worms gives you a convenient way to dispose of organic waste, such as vegetable peelings. It diverts waste from landfill, which is good for the environment.

This type of composting can be done in a small space at home. For those that have gardens or even potted plants, homegrown compost is a great way to feed and nurture plants.



Keep a Red Wiggler Journal!

These activities and experiments are a fun way to get to know your composting friends. Use your journal to record what you see and learn more about worm behavior!



1) What do my worms like to eat best?

Place two different foods in the bin and see what they eat first.

2) How many worms?

Each week or month keep track of how many worms you have. How fast is the count growing?

3) How fast do worms eat?

Take note of the day and time you put food scraps in the bins and how long it takes for it to disappear.

We want to hear all about how your worms are doing! Let us know by tagging us on social media or emailing us.

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